

Body Mechanics For Manual Therapists: A Functional Approach To Self-Care And Injury Prevention By Barbara Frye

By Barbara Frye

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Frye, Barbara: 2004. Body Mechanics for Manual Therapists: A Functional Approach to Self-Care., self-care and injury prevention tips,

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May 13, 2010 Injury is common among manual therapists, including massage therapists, physical therapists, chiropractors and other hands-on health professionals. But

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